



THE POWER OF POSITIVE PINKING

METRO GUEST COLUMNIST RICK MERCER REVEALS WHY HE'LL BE WEARING PINK WEDNESDAY TO HELP PUT AN END TO BULLYING



Thatcher remembered

Canadian politicians weigh in after the death of Britain's divisive Iron Lady at age 87





DUCKS FLY BY OIL

Edmonton Oilers forward Mike Brown and Anaheim Ducks defenceman Ben Lovejoy battle in the first period of Monday's game in Anaheim, Calif. The Ducks handed the Oilers a tough 2-1 loss.

REED SAXON/THE ASSOCIATED PRESS

Transit chief defends P3 LRT deal

Survey. Union coalition says Edmontonians are largely against private transit operator



RYAN TUMILTY

City officials say a P3-funded LRT is good for the city's next leg of construction, despite survey results presented by a coalition of groups on Monday that showed a majority of Edmontonians are against it.

The new Our LRT group, which included union and public-interest organizations that represent city transit workers and riders, launched its campaign and website ourlrt.ca on Monday and released poll

results suggesting 64 per cent of Edmontonians are not on board with the decision to have a private firm operate the line.

But city administration argues the private setup for the southeast LRT, which comes with \$250 million in federal cash to get the line built, is good for the city and the system.

Stu Litwinowich, president of the Amalgamated Transit Union (ATU) said they worry the new line won't be operated to the same standards as the current LRT.

"We have proven that ATU performs maintenance best and does so more efficiently," he said.

Bob Boutilier, the city's general manager of transportation, said the city is writing a detailed contract to ensure reliable and safe service. He said the private firm would also have an interest in good maintenance, because it would have to keep the trains running on time

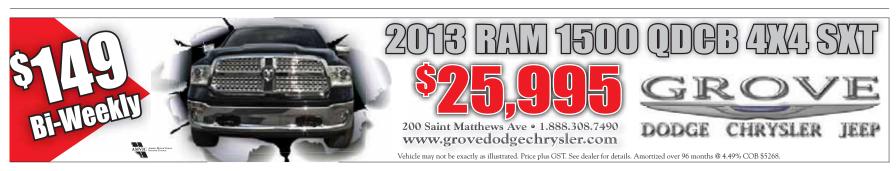
"They have to meet service every day and if they don't meet service there is a financial penalty," Boutilier said.

Brendan Van Alstine, with the Transit Riders Union of Edmonton, said members concerned a private company will only increase costs.

"They are going to want to negotiate a healthy profit for themselves and where that profit comes from is questionable," Van Alstine said.

Boutilier said the city would still collect and set all fares and then pay the private company.

"If you have a monthly pass today and you use a ticket or pay your cash fare, it will be no different," he said.









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"Mr. Big" sting

Trial starts for group home runaway accused of killing two

About 12 hours after two teens ran away from a group home, RCMP discovered the bodies of a man and his female friend on a rural property east of Edmonton.

At first, it seemed to Mounties like an open-andshut case: the teens were found in the man's stolen pickup truck and one of them quickly confessed their involvement to police.

Four years later, a trial for one of the boys has begun without that confession, but with hope from the victims' families that someone will be held responsible.

"It's not easy, it's not easy. He was my big brother and now I don't have him," Gerlind Koesling said outside the Edmonton courthouse Monday, nearly breaking into tears.

Her brother, 68-yearold Barry Boenke, and his friend and neighbour Susan Trudel, 50, were found shot on the property near Ardrossan on June 1, 2009.

RCMP originally charged the two 14-year-old boys with first-degree murder, but two years later, following pretrial hearings, the charges were stayed. A judge ruled the statement made by the one teen was inadmissible and prosecutors admitted they had no case without it.

Prosecutor William Wister told court he also plans to call key evidence about an undercover operation — a "Mr. Big" sting — by Mounties.

THE CANADIAN PRESS

This is gonna sound weird but ... Engineer wants to mow your lawn in his spacesuit



Before he puts on his crisp white suit, Hal Friesen starts to feel tense.

"Usually right before I put it on I get really nervous," Friesen said. "I get goosebumps and a little bit shaky."

The nerves tend to settle down once strangers greet Friesen with smiles, giggles and high-fives.

"I feed off that energy a bit and I feel more inclined to be more interactive with people," he said.

In March, the 27-year-old engineer committed to wearing a spacesuit every day, in public, for several months.

Friesen is on a mission to meet strangers while harvesting votes for an Axe contest he entered to win a trip into space.

"I give them a little pamphlet, and they see I'm not just a crazy guy in a suit trying to stalk them or something. I'm actually serious about this," he said.

Friesen has also posted an ad on Kijiji stating he is willing to do a few hours of "astro-fun activities," from mowing lawns to giving science demonstrations, in his spacesuit, in return for a vote into space.

ANNALISE KLINGBEIL/METRO

Levy could make up for rising school costs: Trustee

Additional funds. On Tuesday, the public board will decide if it wants to discuss a tax levy plebiscite



ANNALISE KLINGBEIL annalise.klingbeil@metronews

An Edmonton Public School Board trustee thinks a tax levy could be the way to combat decreasing government funding.

Trustee Catherine Ripley wants the board to discuss holding a plebiscite during October's election to ask voters, who pay public school taxes, to approve a special school tax

levy.

"There really is no other option to raise a huge amount of money that I can see," Ripley said

The idea of a tax levy comes after school revenue reductions were announced in the March provincial budget.

What it could cos

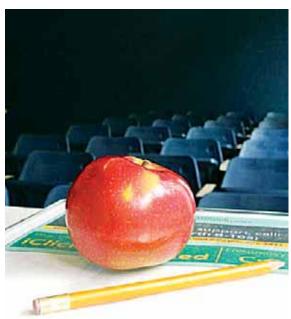
\$21

The amount for every \$100,000 in assessed value homeowners would pay per year for a special school tax levy, according to estimates from a 2010 board report.

"The budget situation for the district is not good," said Ripley, noting the situation is made worse by an infrastructure maintenance deficit estimated to be \$257 million and a need for new schools.

"This tax levy is an option that we haven't explored yet as a board and I think it behooves us to explore every option we can to support education to the level we think it should be supported," Ripley said.

If trustees vote in favour of Ripley's motion on Tuesday, the board would discuss the issue in more depth in June before deciding whether or not to have taxpayers vote in a plebiscite.



Citing decreased government funding, Edmonton Public School Board trustee Catherine Ripley wants the board to discuss holding a plebiscite on a new tax levy during October's election. METRO FILE

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Edmonton Arts Council

After years of volunteering cil was formed in 1996, I and working in the arts, Paul Moulton and his diverse and rich career have taken another step.

Moulton will be the next executive director for the Edmonton Arts Council starting next month, the organization announced on Monday.

"There's something quite circular about it," Moulton said after the announcement. "When the arts coun-

became the first volunteer chair of the board."

When his new position begins on May 6, he will be replacing long-time EAC executive director John Ma-

"The establishment of the work that John has done is tremendous," he said. "And clearly one of my first hopes is to continue that good work.'

HEATHER MCINTYRE/METRO

Longtime volunteer. Paul Moulton named head of Ottawa at odds over Ottawa at odds over McConnell deportation

Alberta and federal officials are pointing fingers at each other over the deportation of an Australian woman who drowned her two children.

On Monday, provincial Justice Minister Jonathan Denis disputed remarks by federal Public Safety Minister Vic Toews that Alberta dropped the ball when it came to keeping Allyson McConnell in Canada pending appeals of her conviction and sentence for killing her young sons in 2010.

McConnell, 34, was set to be deported on Monday. Toews said Friday that the province had informed Ottawa of the case too late for the government to keep her in Canada.

Denis disputed that. "We have been in contact with the federal government. I'm not quite sure what (Toews) is talking about," Denis said.

He said regardless of the deportation, the pursuit of the appeals continues.

THE CANADIAN PRESS

AHS 'bonuses' cut, but pay could be 'adjusted': Board

New fiscal year.

Agency looking for \$220M in cost-savings through 'efficiencies'



FLETCHER

Controversial performance pay for senior health officials has been eliminated, but that doesn't mean executives will take a pay cut, says the chairman of the Alberta Health Services board.

Stephen Lockwood said Monday that "pay-at-risk" was eliminated for AHS executives as of the agency's new fiscal year, which began on April 1.

The conditional pay has been widely described as a "bonus," but Lockwood said Monday that is incorrect.

"It's not a bonus," he said. Nevertheless, he said negative public perception of this form of compensation, intended to motivate executives to meet performance targets, has made it counter-productive.

"When you start to be criticized in the paper for receiving your 'bonus,' that's a demotivator," Lockwood said. "So, I've concluded, and our board has concluded, the best way to motivate our team is to take that irritant away from them, so it's not there

mitted to a three-year compensation freeze for management, Lockwood didn't rule out adjusting executives' salaries to account for the loss of pay-at-

ies, we'll adjust them accordingly, if necessary," he said, adding that an independent third party will review overall executive compensation.

But Derek Fildebrandt of

anymore." And while AHS has com-

"We'll look at those salar-

the Canadian Taxpayers Fed-



adjusting executives' salaries to make up for the loss of pay-at-risk.

eration described pay-at-risk and bonuses as "effectively the same thing" and said they do serve a useful purpose.

"I think it would be a mis-

take to simply do away with them and make them guaranteed salaries, essentially incorporating the bonuses as permanent," Fildebrandt said.

Brrrrrr!

Chilly morning breaks 1948 weather record

The -14 C residents woke up to on Monday is the coldest it's been in Edmonton on April 8, records show. In 1948, it was -13.9 C, said Michele McDougall, weather specialist for Breakfast Television Edmonton. The normal high for this time of year is 10 C, while the average low is -2 C, she said. HEATHER MCINTYRE/METRO

Grading system

Student-assessment policy moves ahead

After compiling feedback from the community, the Edmonton Public School Board has revised its draft student-assessment policy. It now includes more details, additional definitions and the removal of redundancies. Trustees will consider the revised document for a second time at a meeting on Tuesday.

Mark Lindsay case

Accused killer to get psych assessment

A mental assessment has been ordered to determine the criminal responsibility of Mark Lindsay, 25, who is charged with seconddegree murder, committing an indignity on a body and obstruction of justice. One month has been given for the review. The body of Dana Turner, 31, was found near Innisfail in westcentral Alberta in October 2011. THE CANADIAN PRESS

Investigation

Motel fire set deliberately: Cops

Arson is behind a fire that "ravaged" a motel on Edmonton's south side early Monday morning, fire investigators say. No one was injured in the blaze at the South Bend Motel at Gateway Boulevard and 51 Avenue. Edmonton police are investigating and did have a suspect in custody, but that person was released.

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Girls plead not guilty to pimping other girls

Trial begins. Teens accused of running child prostitution ring with threats, violence



The youngest victim of a prostitution trafficking ring, then 13, believed she was heading to a sleepover with girls, not much older than herself, who she'd met online - but instead she was drugged, stripped, photographed and pimped out, the Crown alleges.

Crown lawyers began arguing their case Monday against three teenage girls, two aged 15 and one 16 when they allegedly ran a prostitution ring in Ottawa last year.

All three pleaded not guilty to 36 charges, including human trafficking, forcible confinement, assault,

They are the first minors in Canada to be charged with human trafficking.

Two of the defendants are facing more charges, including three counts of making child pornography for allegedly taking photos of the victims and sending them to johns, as well as kidnapping, invitation to sexual touching and sexual assault.

The Youth Criminal Justice Act prevents the identification of the accused and their alleged victims.

Crown lawyers Julien Lalande and Fara Rupert said their case will be built on the testimony of victims; some of the pimps; witnesses whom the girls talked to; as well as Facebook conversations, tweets and photos taken from the phone of one of the accused.

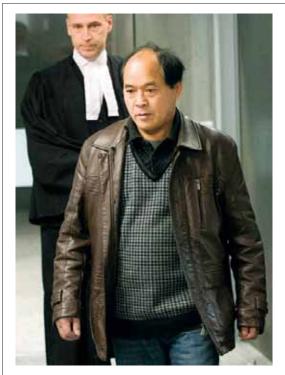
The Crown believes the accused befriended other girls, invited them to social events and then, through threats and violence, forced them to

According to the Crown, four girls, three of them under the age of 18, were forced to perform sex acts, including oral and vaginal sex. Two other girls were beaten, stripped and photographed, the Crown alleges.

Into their world

The first witness, Det. Carolyn Botting, offered a glimpse into accused girls' world when she described the graffiti officers found when they searched one of their bedrooms.

Graffiti. All over the walls were rap-inspired nicknames, declarations of love and scattered phrases, including "Sex is like chocolate," "We say FK the police in my house," "Money make" me come" and "Jiiizzzz" - slang for ejaculate.



Magnotta hearing in final week

Daran Lin, father of victim Jun Lin, leaves the court Monday as the preliminary hearing of Luka Rocco Magnotta enters its final week in Montreal. Magnotta sat impassively as a friend of Jun Lin answered questions from Crown and defence lawyers. RYAN REMIORZ/THE CANADIAN PRESS

Alysena 28

Birth-control pills recalled for fear of extra placebos

The maker of the birthcontrol pill Alysena 28 has issued an urgent recall after it was discovered that one lot of the contraceptive may have been incorrectly packaged with only two weeks of drugcontaining tablets instead of three.

Women taking the incorrectly packaged pill would not receive the proper amount of contraceptive, raising the possibility of an unplanned pregnancy.

In a recall notice distributed by Health Canada, Apotex Inc. said the product's 28-day blister packs should include 21 active birth-control pills plus seven placebo tablets that contain no drug.

Apotex said blister packs in the affected lot — LF01899A — may instead contain 14 placebo pills and 14 active contraceptive tablets.

THE CANADIAN PRESS

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metronews.ca Tuesday, April 9, 2013 metr⊕ **NEWS**

Thousands of young people from Israel and other countries marched in silence Monday at Auschwitz-Birkenau, the former Nazi death camp in Poland, to pay homage to six million Jews killed during the Holocaust. They walked between the two main sections of the complex, Auschwitz and Birkenau. THE ASSOCIATED PRESS



Poland. Jewish youths honour Holocaust victims linto fatal abortion refusal

The widower of an Indian woman who died in an Irish hospital after being denied an abortion has told a coroner's inquest that a doctor denied her a termination on the grounds that "Ireland is a Catholic country.

Praveen Halappanavar made a lengthy statement Monday at the start of an investigation into why his 31-year-old Galway Hospital last October.

The hospital has already apologized. The inquest seeks to determine whether Halappanavar died because her miscarrying fetus was not aborted despite severe pain.

Abortion remains outlawed in Ireland except in life-threatening cases.

THE ASSOCIATED PRESS



atcher died of a stroke on Monday. THE CANADIAN PRESS FILE

Canadians remember The Iron Lady

Dead at 87. Political patrons and opponents reflect on Britain's polarizing PM

A giant, an inspiration and an Iron Lady who rejuvenated conservative politics: that's how Margaret Thatcher, who died Monday of a stroke at age 87, was remembered Monday by Canadian politicians as they weighed in on the death of an influential British leader.

"I think if you look at the sweep of her life, what she did – not just in Britain, but what she did on the world stage really laid the groundwork for

5 things about Maggie

1 She wasn't called The Iron Lady for nothing. Shaped

by a hard-line political and

economic stance, Thatcher

slashed social spending,

introduced a "poll tax."

shut down national coal mines,

refused to recognize Northern

Thatcher, when elected in 1979, became Britain's first

and so far only female prime

minister, and the West's first

female head of government.

Her political dominance and

leadership helped her in three

consecutive terms, and inspired

women worldwide to break the glass ceiling of male-dominated

Irish political prisoners and

the freedom and the prosperity and opportunity that so many people around the world enjoy today," Prime Minister Stephen Harper told a news conference.

Liberal Bob Rae, while disowning Thatcher's politics, echoed that sentiment.

"Mrs. Thatcher served as British prime minister for more than a decade and in many ways defined conservative politics of her time," Rae said.

While the Conservative leader was the odd woman out on the right in the international scene when she came to power in 1979, she was soon joined by ideological cousins, including Ronald Reagan in Washington and Brian Mulroney in Ottawa. THE CANADIAN PRESS

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With her fondness for the private sector, deregulation and big missiles, Maggie embodied the zeitgeist of the

politics.

1980s and she was loved for it. The 1982 Falklands War boosted her popularity, while she and Ronald Reagan formed a power couple in taking down the communist bloc.

The tireless Thatcher famously said while in power she could get by on just four hours a night. She joins the genetically blessed "Sleepless Elite," a band of top historical figures and leaders (Napoleon, Da Vinci, Churchill and Florence Nightingale) who needed five hours or less of shut-eye.

Her sense of style was as powerful as her politics. Sporting a helmet of deep strawberry hair, broad Royal blue skirt suits, and the famous handbag, Thatcher pioneered the "I'm shoulder to shoulder with men" look. mwn

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Gun control advocates show love for guns

The message. Need to reassure Americans that nobody is going to take away the guns they bought legally

Lobbying for gun control in the United States often means proving how much you like firearms.

New York Gov. Andrew Cuomo, whose state recently passed some of the strictest gun control measures in the country, often reminds people he is a hunter. Former Rep. Gabrielle Giffords, who founded a gun control advocacy group after surviving a gunshot wound to the head, says she and her husband keep two guns in a safe at home. Vice-President Joe

Biden boasts that he owns two shotguns.

The message is obvious: They, too, are a part of America's gun culture. In a country where at least a third of households have firearms, it's hard to impose stricter arms rules without support from gun owners.

Gun rights groups scoffed at what they called clumsy and obvious attempts to ingratiate themselves with firearm owners even while trying to limit their rights.

But gun control proponents have pressed on with such efforts ahead of a crucial Senate vote on legislation backed by the Obama administration in response to the Dec. 14 shooting of 20 children and six educators at a Connecticut school.

THE ASSOCIATED PRESS



clay targets at Camp David, Md., last August to silence skeptics of his claim that he has actually shot a gun. THE WHITE HOUSE/THE ASSOCIATED PRESS FILE

Brazil

Officers on trial for 1992 prison riot massacre

Trial began on Monday for 26 Brazilian military police officers, some of them still on active duty, who are facing murder charges in the deaths of inmates in the infamous 1992 massacre at Sao Paulo's Carandiru prison, which left 111 inmates dead.

In total, 79 officers are to be tried in connection with the massacre following hours of rioting. THE ASSOCIATED PRESS

Drug smuggling

British woman facing death sentence in Bali

An Indonesian court upheld a death sentence for a British woman convicted of smuggling \$2.5 million US worth of cocaine onto the resort island of Bali, a court official said Monday.

The Bali High Court rejected an appeal from Lindsay June Sandiford, 56, who was convicted in January and sentenced to face a firing squad.

THE ASSOCIATED PRESS



Daring rescue

A truck driver is rescued from the cab of her truck by firefighter Scott Dye as it dangles from the Monitor-Merrimac Bridge Tunnel, Monday, in Newport News, Va. Virginia State Police said the tractor-trailer went out of control on Interstate 664 and struck the bridge wall. The truck caught fire and the cab was hanging over the bridge that connects Suffolk and Newport News. State police say the driver suffered minor injuries. Virginia state police/the associated press











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metronews.ca Tuesday, April 9, 2013 metr⊕ **BUSINESS**

Federal policy enabled RBC outsourcing mess, immigration expert says

Foreign workers.

Firms are responding to incentives Ottawa created. lawver notes

Observers say the controversy over the Royal Bank of Canada's decision to outsource dozens of Toronto jobs is part of an alarming trend bolstered by government policy.

Immigration law expert Audrey Macklin says the government encourages companies to employ temporary foreign workers either directly or indirectly by processing their immigration documents faster and by allowing companies to pay those workers up to 15 per cent less than Canadians.

She says a company like RBC is simply responding to incentives the government has created.

Human Resources minis-

Contractor investigated

- The federal government is investigating iGate, the contractor being used by RBC to outsource dozens of Toronto jobs.
- A spokeswoman for Human Resources Minister Diane Finley says the investigation is based on discrepancies

between public statements by RBC and information previously provided to the government by iGate.

To obtain permits for temporary foreign workers, companies need to show a Canadian cannot be found to do the work.

ter Diane Finley has said the Temporary Foreign Worker Program is only to fill "acute labour needs" when Canadians aren't available for the work required.

But NDP Leader Tom Mulcair says the Conservative government has done nothing to stop a situation like RBC's, which he says is depriving Canadians of their livelihoods.

RBC has repeatedly said it did not hire foreign workers

to take over the job functions of current employees, but said it used the services of outside companies to improve "operational effectiveness.'

Many Canadians have expressed outrage and even threatened to close their accounts upon learning that Canada's largest bank had outsourced the jobs of 45 Toronto employees to an external supplier.

THE CANADIAN PRESS



Putin just loves those topless trade missions

A topless demonstrator with messages written on her back walks toward Russian President Vladimir Putin, left, as he tours a trade fair in Hannover, Germany, with German Chancellor Angela Merkel on Monday. The trip underlines Russia's interest in developing foreign trade, including further business ties with Germany. JOCHEN LURBKE/DPA/THE ASSOCIATED PRESS

One-day event

McDonald's to stage hiring blitz

McDonald's will hire more than 6,000 people on Thursday. Job seekers are being invited to apply in person at their local McDonald's. Those unable to apply in person can go to worksforme.ca to submit applications. TORSTAR NEWS SERVICE

Market Minute



DOLLAR 98.30¢ (-0.09¢)





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California. Trial over lead-warning labels on baby food now underway

A trial began on Monday in a lawsuit filed by an environmental group against the U.S.'s largest baby-food makers, aimed at forcing the companies to alert consumers that some products contain low amounts of lead.

The trial will help determine if the products must carry warning labels in California.

Gerber Products Co., Del Monte Foods, Beech-Nut Nutrition Corp. and many other makers of baby foods and juices

are selling products containing lead at levels that require warning labels under California Proposition 65, the Environmental Law Foundation asserts in the suit filed in Alameda County Superior Court in Oakland, Calif.

Lawyers for the food companies say the U.S. Food and Drug Administration (FDA) tested products targeted in the lawsuit and decided levels were below the federal standards that require a warning.

tests on products named in the lawsuit also found lead levels "below FDA's current tolerable intake levels

But both sides in the case agree on one fact: baby foods containing carrots, peaches, pears and sweet potatoes have some lead. Also covered by the suit are grape juice and fruit cocktail. Lead exposure can damage a child's developing brain and lead to a lower IQ.

THE ASSOCIATED PRESS

Are you over the age of 50 with type 2 diabetes?

People with type 2 diabetes are more likely to have an increased risk of kidney problems and heart disease (heart disease being the leading cause of complications in this population).

Researchers at the University of Alberta want to investigate the effectiveness, safety and tolerability of an investigational drug on people with type 2 diabetes who also have an increased risk of heart disease. The study will also assess the long-term effects that the investigational drug has on the heart, blood vessels, blood sugar levels, body weight and quality of life.

If you are interested in learning more about this Clinical Trial, please contact Lee-Ann (780) 492-2196 or Kristi (780) 492-6156 at the Alberta Diabetes Institute.





(780) 492-2196 or (780) 492-6156

VOICES

SNAP, SEND, SEE IT DISAPPEAR

"I'm not using it for sexting!" I exclaimed as I snatched my iPhone back from my friend whose eyebrows were raised disbelievingly. I had just received a slew of notifications from Snapchat and felt the need to defend my decision to download an app known for promiscuous photo ex-

If you're not in high school, there's about an 80 per cent chance you've never even heard of Snapchat, so allow me to fill you in. The decidedly simple app allows users to transmit photos and videos that expire after a prescribed amount of time: between one and 10 seconds. Once a message has been viewed, it disappears from the user's phone and Snapchat's own company servers. The free app is a relatively inane form of time-wasting, but it's also strangely addictive.

Creators Evan Spiegel and Bobby Murphy originally designed the app as part of a class project at Stanford University. When presenting their idea, a venture capitalist sitting in on the class



Jessica Napier metronews.ca

told Spiegel that the app could be interesting if he made the photos permanent. The tech-loving wunderkind and his partner ignored this advice and launched the self-destructing messaging service to the public in September 2011.

Available on iPhone and Android devices, the free app currently has more active users than Instagram, but isn't without its critics. Many have dismissed it as a way for bored teenagers to exchange risqué messages without getting caught by their parents. But while it's likely that many are using the service to transmit content of the not-so-clothed variety, it's important to note that the app is gaining traction and developing a substantial user base beyond the horny coed demographic. More than 100 million images and videos are sent through Snapchat every day and the

app is generating a lot of buzz — although no actual revenue as of

As we become increasingly obsessed with documenting and

cataloguing our lives on social media, I can see the appeal behind a communication tool that operates on impermanence.

While most social networking platforms are highly self-conscious — requiring users to create their own carefully-curated persona to package and present to their friends and fans — Snapchat facilitates a more spontaneous and candid form of communi-

Its growing popularity is a reactionary response to the highlyprocessed and everlasting content on other social media platforms. Not everything we say and do should stick around forever and it's this desire for impermanent forms of expression that Spiegel and Murphy were able to tap into. Despite the opposition, the young developers — who have since received nearly \$14 million in venture funding — knew that the disappearing nature of the messaging service would be its ultimate appeal. So even though it might be known for facilitating evidence-free sexting, the app also offers a new way for all of us to

avoid being haunted by a "digital trail" and communicate in a more uninhibited manner.

Follow Jessica Napier on



ZOOM

Drones used to protect rhinos



Cameras help spot poachers in Indian national park

Wildlife authorities used drones on Monday for aerial surveillance of a sprawling natural game park in northeastern India to protect the one-horned rhinoceros from armed poachers.

Security officers conducted flights of the unmanned aircraft over the Kaziranga National Park. The drones will be flown at regular intervals to prevent rampant poaching in the park located in the remote Indian state of Assam.

The drones are equipped with cameras and will be monitored by security quards, who find it difficult to quard the 480-square kilometre reserve. THE ASSOCIATED PRESS

- Poachers armed with automatic rifles killed 22 rhinos last year in the park, but have killed 16 rhinos already this year.
- Rhino horn is in great demand in China and Southeast Asia, where it is believed to have medicinal properties.
- authorities in Assam have deployed 300 armed quards to protect the rhinos in Kaziranga. but they have been no match for organized gangs of poachers who have been managing to strike at the rhinos with increasing regularity.

· In recent weeks, wildlife

New on RMR: I'm wearing pink to protest bullying



MERCER

Tomorrow I will wear pink. Full disclosure, I don't usually wear pink, I'm a black-andwhite guy and even blue jeans are a stretch. That said, I am happy to make the exception if it means stating loud and clear that bullying, discrimination, homophobia and transphobia in schools and communities across Canada must end.

We all know that bullying can be fatal.

We've heard the tragic tales of kids like Jamie Hubley and Amanda Todd who ended their lives after being subjected to bullying at school. We hate to admit it, but we know that there are more kids out there today who are suffering in silence.

The Day of Pink is an important solution to this problem not only because it helps to raise awareness but because of where the entire idea came from.

When students in Nova Scotia saw a younger student being harassed because he was wearing pink, they decided to do something. They took it upon themselves to buy every pink shirt in town and they did it on their own dime. The next day they handed these

shirts out at school. Suddenly the bullies who were making this young man's life miserable were surrounded by students in pink. They learned in no uncertain terms that the vast majority of kids were not going to accept their behaviour. Message sent. To me, the kindness, courage, compassion and creativity exhibited by this gesture is what being Canadian is all about.

Those kids stood up for someone who wasn't in a position to stand up for himself. They could not have any idea what they started. This past year, 8.1 million kids around the world wore pink on the International Day of Pink to send the same message. The Day of Pink, like the zipper, is a Canadian success story. Someone should get these kids the Order of Canada.

Kudos to Jer's Vision, an incredible organization of young people, for working so hard to make the Day of Pink an international success story. I'm proud to support them and I look to them for solutions.

They are young, I am not, and they know what's going on in Canadian schools. Thankfully, I don't. I will take their lead. They want me to wear pink? I'm in.

So please folks, wear pink tomorrow, or at the very least, throw a red sock in your white laundry tonight.

WE WANT TO HEAR FROM YOU: Send us your comments: edmontonletters@metronews.ca



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SCENE

DVD reviews

14



Hyde Park on Hudson

Director. Roger Michell

Stars. Bill Murray, Laura Linney, Olivia Williams

Bill Murray makes a charming Franklin Delano Roosevelt and Laura Linney a stoic mistress Daisy in Hyde Park on Hudson, a film split between history, gossip and whimsy. But they've both got their work cut out for them with the wafer-thin screenplay, which Richard Nelson adapted from his BBC radio play of the same name. Titled for FDR's upstate New York retreat, where America's longestserving president took refuge — and rumoured sexual liaisons — as the Second World War threatened, Roger Michell's film struggles for definition as either daffy comedy or insider's view of history. Samuel West and Olivia Colman steal scenes as visiting King George VI and wife Queen Elizabeth (the future Queen Mum), befuddled by hot dogs and emboldened by booze during their 1939 visit with FDR, but The King's Speech 2 this isn't.

How to shoot for Mars with \$2 million

Kickstart cred.

Veronica Mars creator Rob Thomas lets Metro in on some of the details about the upcoming fan-funded film

MICHELLE

letro World News in New York

Rob Thomas gave Metro World News some details about the upcoming Veronica Mars movie — which is scheduled for release in 2014 — and details about how the project came to be.

The initial goal of \$2 million seems small for a movie. Would it even be possible to make a Veronica Mars film with that budget?

When Kristen and I went into it, we sort of agreed that we would make the, she called it the "No fancy trailers" budget. She and her husband had just done that movie, Hit and Run,

and I think they made it for around \$2 million. So that was part of the ethos of it.

Who is returning (besides Bell and Dohring)? Aren't they a little too old for high school or even college?

We're in negotiations with the other cast members, and I've spoken to all the other cast members. Absolutely people want to do it, and I'm building it around the 10-year high school reunion, so I'm planning on using the bulk of them but deals still have to be made.

(Kristen) is 28 as we pick up the movie. She has just got out of law school at Columbia and starting to interview for jobs in New York law firms.

Why do you think fans have responded to Veronica Mars so much?

The key to achieving the cult status is being able to hang on for a while. The fact that we started on UPN, and we were allowed to survive some not terrific numbers for a while was part of the equation because having done ABC, we'd only have

been on for two episodes and we would never have been allowed to grow into a cult status.

Seinfeld started out with an order of six on a death night, and they allowed that to build. It went beyond cult status. I think being somewhere where no one noticed, where you weren't expected to do good numbers or great numbers was key, and I think the character herself, Veronica, was a great fit for UPN.

When I first went in there to have a meeting, they told me the direction they wanted to take the network. They said, "We think we're going to skew young and female, and we're looking for female empowerment shows."

I had written Veronica Mars a year before on spec. I had just written it for myself because it was an idea I was inspired by. I told them, "Well, I have a script in a drawer at home about a very empowered teenage girl."

I taught high school, in particular I taught freshman English. I was the adviser of the yearbook. I hung out with a lot of teenage girls. I had a lot of teenage girls' voices in my head. As a year-book adviser, that's primarily who you're there after school with on worknights with. I think girls at that age are some of the most self-conscious people on the planet.

One of the things I thought about Veronica Mars is that if she had some superhero power it's that she's beyond self-consciousness – that her life had taken her down such a rocky road, and she'd come out the other side and it was a pretty tough girl. She could say those things that I think teenage girls often wished they could say or (were) bold enough to say in a make no apologies sort of way, and I think that connected with a UPN audience.

What about your other series Party Down? Will you be trying Kickstarter with that?

We're down a path with that. We hope that will become a movie as well. We're not going the Kickstarter route. We're writing a script for an independent production company that we really respect. We hope for good news on that in the next year or so.



metronews.ca Tuesday, April 9, 2013 DISH

Barrymore is fine with not having it all

Drew Barrymore is learning a lot now that she's a mom. "I know it seems like I do everything, but there's so much I had to give up. Things have to go and that's unfortunate," she tells Us Weekly. "You know that you're going to miss out on your child's upbringing or you realize that your relationship is going to suffer if you work night and day and weekends. Unfortunately, I was raised in this, like, generation of like, 'Women can have it all,' and I don't think you can. I think some things fall off the table. The good news is, what does stay on the table becomes much more important.'





Coachella a 'recipe for disaster' for Lindsay Lohan says friend

Lindsay Lohan infamously scheduled her upcoming 90-day rehab stint to start next month so that she can hit up the Coachella music festival starting this weekend, but at least one friend thinks she should

skip it.
"I fear for her life if she goes to the festival," Danish promoter Claus Hjelmbak tells Radar Online. "Lindsay is in a very dark place right now, and I'm absolutely scared

for her life. Coachella is the last place she needs to be. For

someone struggling with addiction, like Lindsay, the amount of drugs and alcohol at Coachella is just a recipe for disaster waiting to happen.

The music festival takes place over two weekends in the desert near Palm Springs, with a packed schedule of famous bands set to perform, including the Red Hot Chili Peppers, Moby and the Airborne Toxic Event.

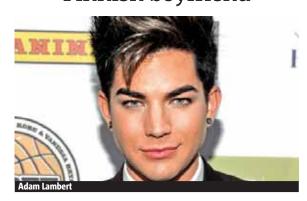
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Edmonton

Lambert splits from Finnish boyfriend



American Idol vet Adam Lambert is single again, having split up with boyfriend and Finnish Big Brother winner Sauli Koskinen, Lambert tells the South Florida Gay News.

"It's been kind of on its way out in the last couple of months," Lambert says. "Sauli and I remain really good friends, and I know it's a cliché to say, but it's totally true," he adds.



RIP Margaret Thatcher. A role model for women & young girls across the world. Also, my high school



@samantharonson

Regardless of her politics — I grew up believing that I could be anything I wanted to be, even Prime Minister — lucky 4 you all I didn't.



@pattonoswalt

"Karen Silkwood, Julia Child, and now Margaret Thatcher. The Streep Curse, man" – world's dumbest conspiracy theorist



@Harry_Styles RIP Baroness Thatcher .x



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Jay-Zand Beyoncé in hot water over their Havana nights



Jay-Z and Beyoncé Knowles may be in trouble for their lavish fifth wedding anniversary trip to Cuba last week, as it's raising eyebrows with a few Florida politicians, according to Reuters.

"Despite the clear prohibition against tourism in Cuba (for U.S. citizens), numerous press reports

described the couple's trip as tourism, and the Castro regime touted it as such in its propaganda," Florida Representatives Ileana Ros-Lehtinen and Mara Dias-Balart say in a letter to the director of the Office of Foreign Assets Control. "We represent a community of many who have been deeply and personally harmed by the Castro regime's atrocities, including former political prisoners and families of murdered

A rep for Jay-Z and Beyoncé was unavailable for comment.

There is no word on how Jay-Z and Beyoncé were allowed to enter the country (travel for American citizens is very strict). My working theory? They are secretly Canadian.

16 WELLNESS metronews.ca Tuesday, April 9, 2013

How Beyoncé bid bye bye to her baby Blue weight

Fitness. Squats, shakes and nerves of steel — we look back on how the bootylicious singer got back into shape after giving birth to her daughter

ROMINA McGUINNESS

life@metronews ca

We find out how she was sure to squeeze into her (super tight) stage clothes so quickly.

Pack it on, get it off

Beyoncé gained a total of 57 pounds throughout her pregnancy.

But with her first show scheduled just three short months after having her baby, she had to lose it all — and fast.

At the time, she was quoted as saying, "I'm definitely softer, but I feel my body bouncing back."

It did.

And it probably wasn't much fun.

"Y'all have no idea how hard I worked! I had to lose 60 pounds. They had me on that treadmill. I ate lettuce!" she confessed to her fans.

But her trainer, Marco Borges, explained how her slimmed-down frame was simply the result of proper nutrition, regular workouts and breastfeeding.

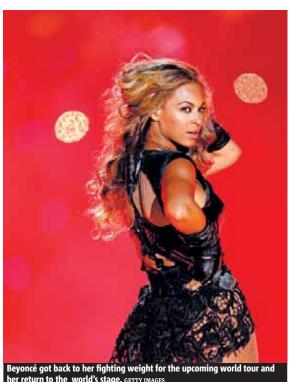
One year on, she's maintained a stable weight.

Proper nutrition — eat lean, eat green and stick to your plan

After initially shedding the extra pounds by sticking to a diet of vegetables, fruit, nuts, seeds, grains and clean proteins, Life & Style reported that in order to make sure the weight didn't creep back on, Beyoncé has one vegan meal a day.

The eating plan was recommended by Borges, who believes that a meat and dairy-free meal is a great way to get, "people to eat more greens than they normally would."

And whenever she craves a crunchy snack, she ditches the chips and reaches out for something healthy like edamame beans, green apples or cucumbers sprinkled with vinegar, cayenne pepper and lemon.



Fierce discipline, explosive workouts

Fitting into tiny corsets and exposing your thighs in fishnet tights is a struggle for most

women.

Yes, even Beyoncé. Opening up to Shape Magazine just weeks before the start of her world tour, the singer revealed how difficult keeping

Quote

"I'm not a person that is naturally very thin. I am a person that has to work at keeping my body in shape"

Beyoncé

Talking about how she got back into shape.

in shape can be.

"I'm not a person that is naturally very thin. I am a person that has to work at keeping my body in shape," she said.

But how does she manage to

It's thanks to her drive, determination and dedication, Borges said, also to Shape.

"We do a combination of cardio, calisthenics, resistance exercises and yoga. Whether she's doing lunges, plies, reverse lunges or squats, she does 100 repetitions. When you do those sets, it is really an extension of your cardio, so you can sculpt muscles while building endurance. Beyoncé is really hardcore. She trains for 60 to 90 minutes, four to five days a week"

She sweat and she ate lettuce. But never once did she give up her boobs, her hips or her bum in favour of skin and

She's a healthy, happy working mama.



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WELLNESS

Staying safe on your bicycle commute to work this spring

Tips. If your wheels aren't on the subway or a city bus, make sure vou're riding the right way while enjoying the sunshine

SHURE

With spring officially upon us, legions of urban commuters are beginning to shed their quilted coats and search for excuses to spend more time outside.

Commuting by bicycle can be a great way to savour the sunshine and jump-start your fitness routine while being eco-friendly.

Inexperienced city cyclists might feel intimidated by busy streets and speedy drivers at first, but it is easy to gain confidence quickly while navigating a city on



two wheels. After more than a decade of riding and working with bicycles in Tampa and New York City, bike mechanic Max Boyajian is familiar with the challenges cyclists face in crowded areas. He shared a few tips for starting out as a bike commuter.

Fill 'er up

If a bike hasn't been used

through the winter, the tires will need to be refilled. If you don't own your own pump, almost every bike shop has free air available for passing

Keep calm

Even if they are following the rules of the road, city cyclists are bound to get honked at by irritated drivers. Don't let

Be careful passing parked

Rules of the road. Drivers might not check for bikes after they park, meaning they could open their doors into an oncoming cyclist. Cyclists have the right to ride in the centre of a lane.

it rattle you, and don't provoke drivers unnecessarily. You've got to learn how to be honked at," Boyajian says.

Plan for the weather

Waterproof outerwear can protect you from rain. Keep your clothes professionallooking by installing fenders onto your wheels. "They might look dumb, but they're better than a strip of mud across your back," Boyajian

Best Health

Canyour eyes get sunburned?



BEST HEALTH MINUTE

Yes. While on assignment in Portugal, CNN's Anderson Cooper famously sunburned his eyeballs.

He described the experience: "I wake up in the middle of the night and it feels like my eyes are on fire - my eyeballs! - and I think, oh, maybe I have sand in my eyes or something.

Yes, it can happen, and at any time of year. Our content editor, Melissa Greer, interviewed Dr. Cheryl Zimmer of the Canadian Association of Optometrists.

The front clear surface of the eye, called the cornea, is composed of tissue similar to the skin. It's very susceptible to the elements — wind and sun, in particu-



lar," Zimmer said.

The resulting keratitis can cause blurry vision and very sore eyes, and can take 24 to 72 hours to heal.

Squinting may protect your eyes but it can lead to headaches and eye strain, so the best protection is a pair of sunglasses, says Zimmer. She suggests a pair that blocks both UVA and UVB rays. According to Health Canada's website, manufacturers follow voluntary industry standards when labelling sunglasses.

Those labelled general purpose block 60 to 92 per cent of visible light and UVA rays, and between 95 and 99 per cent of UVB rays.

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My Bikini Plan

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Lunch: I bowl of vegetable broth Dinner: 8 tablespoons of Almased (50g) in

unsweetened almond milk with 2 teaspoons of oil (flaxseed, walnut or olive) and I teaspoon

Day 4 Through 14

Breakfast: 8 tablespoons of Almased (50g) in low-fat milk with 2 teaspoons of oil (flaxseed walnut or dive), I teaspoon cinnamon or unsweetened cocoa powder, if desired Lunch: Vegetables and salad with lean meat or fish (see recipe ideas online)

Dinner: 8 tablespoons of Almased (50g) in water with 2 teaspoons of oil (flaxseed, walnut or olive), I teaspoon cinnamon or unsweetened cocoa powder, if desired

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VITALITY

metr⊕

Roasted peppers, pine nuts, goat cheese make tasty trio



ROSE REISMAN ner on twitter @rosereisman

I can never make enough of this simple salad.

In restaurants, roasted peppers are often marinated in oil, which adds calories and fat. Here I use only one tablespoon of olive oil — and the results are outstanding.

Red, yellow, and orange bell peppers contain an abundance of beta carotene and antioxidants, which help in the fight against cancer.

1. Slice roasted peppers in

Per serving: 88 calories; 2.7 g protein; 4.9 g fat; 1.3 g saturated fat; 8.3 carbohydrates; 20 mg sodium; 2.2 mg cholesterol; 2.5 fibre

thick slices; arrange on platter.

- 2. Whisk oil and vinegar together in small bowl. Drizzle mixture over peppers.
- **3.** Sprinkle peppers with crumbled goat cheese, basil (or fresh parley) and toasted pine nuts. ROSE REISMAN'S COMPLETE LIGHT KITCH-EN (WHITECAP BOOKS) BY ROSE REISMAN

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Health Solutions

and wrongs

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ing oxalic acid as well as poisonous glycosides.

- Do not ruin the low cal benefits by cooking with too much sugar; keep it
- Do not store raw stalks at room temperature. Either store in fridge in plastic or chop and freeze immedi-

Here is the best cooking method to make a spread or pancake topping: Bring 1/4 cup orange juice to a boil; add 2 tablespoons of maple syrup, 1 tablespoon of sugar. Add 1.5 cups chopped rhubarb. Sim-

mer until smooth.

> THER-ESA

ALBERT

IS A FOOD COMMUNI-CATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TO-RONTO, SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT

MYFRIENDINFOOD.COM

- 6 bell peppers of various colours, roasted
- 1 tbsp olive oil
- 1 tsp balsamic vinegar
- 1/4 cup crumbled goat

cheese

- 3 tbsp chopped fresh basil or parsley
- 2 tbsp pine nuts, toasted

Lunch. Asian Barley and Wild Rice Salad



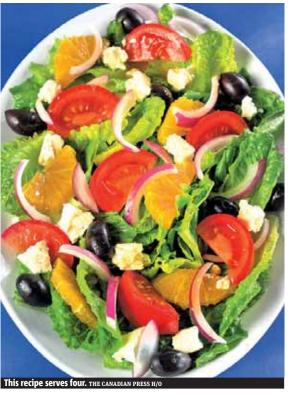
1. In a large saucepan, bring wild rice and chicken broth to a boil. Reduce heat and simmer 15 to 20 minutes. Add barley and continue simmering an additional 40 minutes. Cover and let stand until all moisture is absorbed.

2. Put barley mixture in a large serving bowl. Add all remaining ingredients except pecans, and mix well. Place in fridge two hours or overnight. Add pecans just before serving.

RECIPE AND PHOTO COURTESY OF GOBARLEY.COM

- 1 cup (250 ml) wild rice
- 4 cups (1 l) chicken broth
- 1 cup (250 ml) pearl barley • 2 medium red peppers,
- chopped
- 1/4 cup (50 ml) chopped
- 2 cups (500 ml) frozen corn, thawed
- 1/3 cup (75 ml) soy sauce
- 1/3 cup (75 ml) rice vinegar • 1/4 cup (50 ml) sesame oil
- 2 cups (500 ml) chopped

Colourful salad makes great sidekick for grilled meats



Eric Akis's goal when he wrote his book Everyone Can Cook Everything was to create a kitchen bible that people with any level of culinary expertise can use on a daily basis.

Akis said the style of cooking he likes "is based on the Italian model with really fresh vegetables, good simple ingredients, good olive oil, fresh garlic. It could be that beautiful piece of fish, chicken that I've bought from the corner butcher shop and just keep it simple. Let the ingredients sing."

That's exactly the case with this Romaine With Oranges, Feta and Olives salad. Akis says if you prefer, you can swap out romaine with an equal amount of spinach leaves or baby salad greens.

- **1.** In a salad bowl, whisk together orange juice, vin-egar, oil, sugar, salt and pepper.
- 2. Add remaining salad ingredients and gently toss.
- **3.** Divide among plates or serve on a large platter, ensuring some of the oranges, cheese, olives, onions and tomatoes decorate the top. THE CANADIAN PRESS/ EVERYONE CAN COOK EVERYTHING BY ERIC AKIS (WHITECAP.

- 45 ml (3 tbsp) orange juice
- 30 ml (2 tbsp) red wine vinegar
- 45 ml (3 tbsp) olive oil
- 2 ml (1/2 tsp) sugar
- Salt and freshly ground black pepper, to taste
- 3 medium oranges, peeled, halved and sliced
- 175 ml (3/4 cup) crumbled feta
- 20 to 24 whole black or green
- 2 ripe medium tomatoes, cut into small wedges
- 1.5 l (6 cups) chopped romaine
- 1 small red onion, thinly sliced

RELATIONSHIPS

Resistance to change: Late night shows still shunning women, minority hosts

TV. As Jay Leno hands off to Jimmy Fallon, lack of diversity still there on late night

The role of female talk show hosts in late-night TV broadcast network history, all 50plus years of it, can be summed up in two words: Joan Rivers. It takes just another two - Arsenio Hall — to do the same for minorities.

There's no indication that's going to change in the latest round of musical chairs involving Tonight and Late Night. All the NBC, ABC and CBS showcase jobs at 11:30 p.m. eastern and later appear likely to remain securely in white men's

Jay Leno is handing off to Jimmy Fallon, with speculation tagging Seth Meyers as his likely successor. Meanwhile, David Letterman, Jimmy Kimmel, Craig Ferguson and Carson Daly are sitting pretty, without the faintest drumbeat of a pair of advancing high heels to signal a threat.

There have been alternatives bandied about — Chelsea Handler, black comedian-writer Aisha Tyler — but no hints they or others are getting trac-

tion.

"In real life it seems to me that women have definitely shown themselves to be able to carry on a conversation," said Merrill Markoe, the Emmy-Award-winning writer who helped David Letterman create Late Night at NBC. "Women have exhibited an interest in talking for centuries. I'm not sure how it is that no one has seemed to notice.'

NBC did not respond to requests for comment on the issue. But if belles du jour Tina Fey and Amy Poehler can excel at TV sitcoms and movies and teach Ricky Gervais a thing or two (or three) about hosting the Golden Globes, could they be queens of the night with their own talk shows? Or maybe a Hispanic or Asian-American man could have a turn. We may miss out on a Jimmy Kimmel Live clip of a heavyset woman lifting her Tshirt, and the host then warning us, "I need to take a break. I'm going to throw up," but we might get other thrills.

Women and minorities have conquered other traditionally white male-dominated arenas, on and off TV - think anchorwoman Diane even daring cable is content with the homogenized likes of Conan O'Brien, Jon Stewart and Stephen Colbert, with such occasional dashes as E!'s Handler, BET's Mo'Nique and TBS' now-gone George Lopez thrown in.

Rivers, who became host of Fox's The Late Show in 1986 after filling in as the sole regular guest host on Johnny Carson's Tonight, calls the lack of female hosts "beyond" frustrat-

Blame the broadcast industry's resistance toward change and the risk of failure, she said: "Everybody is running so scared, and has always run

And executives can find reasons, or excuses, for keeping the status quo.

"They had surveys at NBC, and the surveys were that women would rather watch a man at night, which is what they're always throwing up in your face," Rivers said.

That's an argument that's still made, privately, in the industry: Women want to hear their pre-bedtime monologue jokes from a man, while Oprah Winfrey, Ellen DeGeneres and Katie Couric are welcome in daytime. THE ASSOCIATED PRESS



Are healthy couples happier couples?

NATALIE LAVOY-FURTADO

Getting in shape isn't always easy, but it helps when you have constant motivation from your partner.

"My boyfriend was a huge help in terms of introducing me to a fit lifestyle and keeping me motivated," says Bianca Del Bois of Burlington, Ont., who used to live an unhealthy lifestyle but is now a healthy fitness guru.

For most couples, it really helps if both parties are into a healthier lifestyle. "We do the same routines together, jog together and do some creative outdoor workouts," says Del Bois. Working out with your partner can be fun, but are healthier couples really happier couples?
"Without sounding biased,



yes!" says Del Bois. "I've never been happier or healthier in a relationship before. We really motivate each other to reach our full potential."

Now training to compete for two bikini competitions in May and June, Del Bois is always changing her diet and workout to keep it fresh.

It sounds easy but it has been hard work.

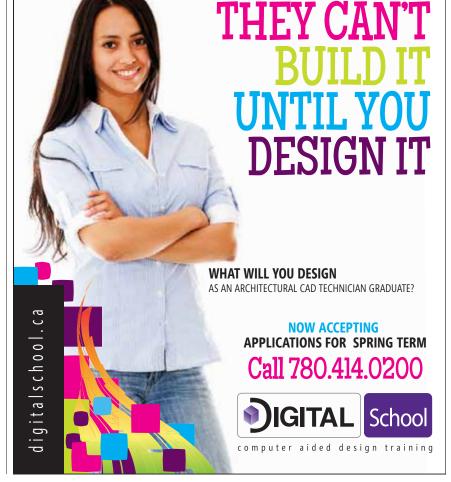
She finds that the improve-

ments in her lifestyle have made this all worth it. "Physically I've increased stamina during cardio sessions, much more muscle definition and toning and an overall healthy appearance," says Del Bois.

Now people are so amazed by her hard work transformation that they go to her for help to achieve their fitness goals, so what advice does she have for us?

"The first steps to getting in shape would be to adjust your eating habits and just start with 30 to 45 minutes of physical activity a day, whether it's cardio, weight training, or even a Zumba class."

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Nasty T5 slip surprise? Biz. Five warning signs of card payment fraud



MONFY monev@metronews.ca

A reader who owned 200 Kraft Foods shares received a nasty surprise when a T5 slip arrived showing nearly \$3,000 in U.S. dividend income.

Kraft Foods Group split into Kraft Foods and Mondelez International in October, 2012. Every 100 shares of Kraft turned into 100 of Mondelez and roughly 33 of Kraft. The Kraft shares are deemed to be a foreign dividend by the Canada Revenue Agency and taxed as ordinary income.

If you are in this situation, don't panic about suddenly having more income than expected.

"An election can be made under Section 86.1 of the Income Tax Act to exclude the deemed dividend from income," notes Winnipeg-based tax expert and author, Evelyn Jacks. "This election must be made in writing and sent to CRA.

"Indicate the number and cost base for the original Kraft Foods Inc. shares; and the shares received as a result of the spin-off. If you make the election to exclude the dividends, then the cost base of the post spin-off shares is based on the cost base of the original Kraft Foods Inc. shares. The cost base is allocated between the new shares according to the fair market value im-



mediately after the spin-off." (Sign up for Jacks' free tax newsletter knowledgebureau.com)

So far so good, but now we must establish a cost base for the shares to report when and if they are sold.

Jacks comes to the rescue with a little math. Let's say the shares were purchased for \$20, \$4,000 in total for this reader. This is called the Average Cost Base, ACB. The Mondelez shares were trading at \$28 and the Kraft shares at \$45.42 per share, post spin-off. Therefore the 200 Mondelez shares were worth \$5,600 and the 66 Kraft Foods Group shares came to \$2,997.72 ÛS.

Take that \$4,000 ACB and allocate it like this:

Mondelez: \$4,000 \$5,600 divided (\$5,600+\$2,997.72) \$2,605.34

Kraft: \$4,000 x \$2,997.34 divided by (\$5,600+\$2,997.72) = \$1,394,48.

Those are the new ACBs

for the shares. If you sell half the Mondelez and half the Kraft in the future, adjust the cost base accordingly to report the capital gain or loss on your taxes. Stick the formula, and a few notes, in your investment file so you can reconstruct what you've done down the road. Now go take a headache

remedy.

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As more Canadian businesses begin to offer online shopping and online and mobile sales continue to grow, security experts point out that a few bad apples are also using the popularity of online shopping to scam merchants with stolen payment card information.

'The good news is business owners and their employees can play a crucial role in the fight against fraud and they already have the tools to recognize and stop online, mobile or phone purchases carried out with stolen card data," says Gord Jamieson, head of security for Visa Canada.

Jamieson notes that business owners can be at risk when a payment card is not physically present.

To help identify this type of fraud before it occurs, he recommends merchants watch for the following five warning signs when carrying out transactions without the payment

• Multiple purchases made with different cards, shipped to a single address

This can indicate a batch of stolen payment card account numbers.

• Multiple high value transactions made on the same card over a very short period of time

This can indicate an attempt to "run the card" until the account is closed.

 Multiple purchases made on a card with a single billing address, shipped to many different addresses

This may indicate organized criminal activity.

Online transactions with



multiple cards but a single IP address

This may indicate a batch of stolen cards being run from the same computer.

Multiple transactions in close succession with very similar account numbers

This may indicate account numbers that have been generated using illegal software.

According to Jamieson, merchants or employees who come across any of these warning signs should request additional information from the cardholder.

"There are many tools available to help merchants avoid fraud, like the address verification service, the "three digit code" and a service called Verified by Visa," Jamieson said. He also recommends reporting the suspicious activity to their payment service provider as soon as possible. NEWS CANADA

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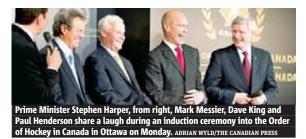
Tears flow as hockey greats honoured in Ottawa

Messier remembers.

Oilers great, along with Henderson, King, inducted into Order of Hockey in Canada

NHL Hall of Famer Mark Messier couldn't stop the tears, or the lump from forming in his throat, as he and two other hockey greats were honoured Monday for their contributions to the game.

The six-time Stanley Cup



winner and perennial all-star broke down as he spoke of the national pride he felt as a young boy watching fellow Order of Hockey in Canada recipient Paul Henderson score the goal that sealed Canada's hockey supremacy over the

Soviet Union in the 1972 Summit Series.

"As an 11-year-old boy who was playing hockey, to get that kind of opportunity to feel what real national pride is all about through the game of hockey obviously inspired me, not only as a hockey player, but to one day wear that sweater," Messier said.

Messier, Henderson and coaching legend Dave King join a select group of players and builders who have been awarded the Hockey Canada honour, including Jean Beliv-

Positive treatment

Paul Henderson, 69, who has been diagnosed with chronic lymphocytic leukemia, told the audience that treatment he received as part of a clinical trial in the United States appears to have had a positive effect on his health.

eau, Wayne Gretzky, Gordie Howe and Cassie Campbell-Pascall.

THE CANADIAN PRESS

NHL

Crosby not yet ready for return

Lacing on hockey skates is going to have to wait. At this point, Sidney Crosby would settle for a meal that didn't require a straw.

The Pittsburgh Penguins star and his surgically repaired mouth remain on a liquid diet as he recovers from a broken jaw sustained in a win over the New York Islanders on March 30. The NHL's leading scorer remains sidelined indefinitely and has not been cleared to return to practice.

Crosby expects to meet with doctors later this week. "We'll see how it heals and it will be a process here the next little bit but I'm not too worried about the teeth," he said. "I'm worried about making sure I'm healed."

THE ASSOCIATED PRESS



Cardinals claw away NCAA championship from Wolverines

Michigan Wolverines forward Mitch McGary, left, tries to block Louisville Cardinals guard Russ Smith during the NCAA men's basketball championship game on Monday night in Atlanta, Ga. The Cardinals topped the Wolverines 82-76 to win the title. ANDY LYONS/GETTY IMAGES

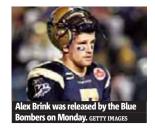
CFL. Bombers find pair of QBs after dropping Brink

Buck Pierce will be the starting quarterback going into training camp for the Winnipeg Blue Bombers this season, but the oft-injured pivot will have some new backup.

The Blue Bombers completed their quarterback makeover Monday, signing Max Hall and Chase Clement shortly after releasing Alex Brink.

"All of us feel like Buck gives us the best chance to win," Bombers coach Tim Burke said of Pierce.

But now Winnipeg has



some protection if Pierce goes down. Burke said he views both Hall and Clement as potential starters. THE CANADIAN PRESS

MLB

Red Sox's hot start continues at home

A second brilliant start by Clay Buchholz. A clutch homer by Daniel Nava. Another flawless fielding performance by the Boston Red Sox.

The fans at Fenway Park saw for the first time what all the excitement is about as the surprising Red Sox beat the Baltimore Orioles 3-1 in Boston's home opener on Monday. The Red Sox improved to 5-2 for their best start in seven years.

THE ASSOCIATED PRESS

NHL. Kessel helps Leafs create space in playoff race

Phil Kessel scored twice to lead the Toronto Maple Leafs to a 4-3 win over the New York Rangers to open an important home-and-home series between the Eastern Conference rivals.

Kessel picked an opportune time to score his first goals in 10 games as Toronto (22-13-4) remained fifth in the Eastern Conference standings. More importantly, the Leafs moved four points ahead of idle Ottawa with their fifth win in six games. THE CANADIAN PRESS



Maple Leafs forward James van Riemsdyk celebrates his first-period goal against the Rangers on Monday in Toronto. TORSTAR NEWS SERVICE metr⊕ **SPORTS**

Chinese teenager Tianlang to get pro tutorial at Masters

Golf. 14-year-old turns heads upon historic arrival at Augusta

Guan Tianlang is in good company this week at Augusta Na-

He played a practice round Monday with two-time Masters champion Ben Crenshaw, then headed out in the afternoon with Tiger Woods. He has a game lined up Tuesday with Tom Watson, an eight-time major champion. On Wednesday, he plans to play with Nick Faldo, winner of six majors.

Can't he play with someone his own age?

Not at this Masters.

Guan is the 14-year-old from China, the youngest to ever play in the Masters and the youngest at any major in 148 years. He qualified by winning the Asia Pacific Amateur Championship last fall in Thailand, and now gets a crack at the best in the game on one of the most famous courses in the world.

Nerves? So far, only a big

"I'm really excited in the morning when I come out on the course and there's many

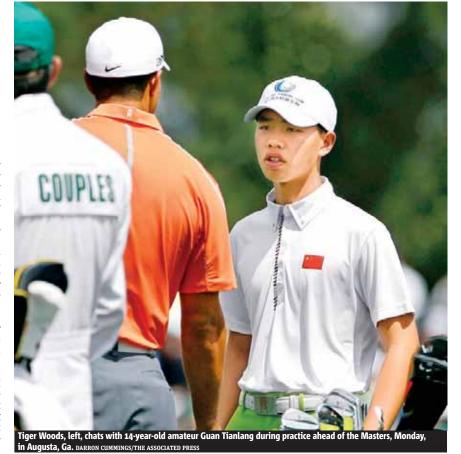
people here," Guan said Monday, conducting his news conference in English with a Chinese translator at his side in case he needed help. He rarely

The kid has shown to be special in many ways.

He went wire-to-wire in the Asia Pacific amateur, and he wasn't even rattled as he calmly rapped in a five-foot par putt for the one-shot win on the final hole.

Even so, this is the Masters. Guan is 14, the only player in the field who brought his eighth-grade homework with him to Augusta National.

"I knew he was young," Steve Stricker said Monday. "I didn't know he was the same age as my daughter. ... I just can't imagine being that young and competing at this level at such an early age. It will be interesting." THE ASSOCIATED PRESS



"It's frightening to think that he was born after I won my first Masters."

Tiger Woods when asked about 14-year-old Guan Tianlang at Bay Hill two weeks ago.

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NBA EASTERN CONFERENCE

		_	rcc	0
z-Miami	60	16	.789	
x-New York	50	26	.658	1
y-Indiana	48	29	.623	121
x-Brooklyn	44	32	.579	1
x-Chicago	42	34	.553	1
x-Atlanta	42	36	.538	1
x-Boston	40	37	.519	201
x-Milwaukee	37	39	.487	2
Philadelphia	31	45	.408	2
Toronto	29	48	.377	31
Washington	29	48	.377	31
Detroit	26	52	.333	3
Cleveland	24	52	.316	3
Orlando	19	59	.244	4
Charlotte	18	59	.234	421

WESTERN CONFERENCE

MESTERIA COMI		110	_	
	W	L	Pct	GB
/-San Antonio	57	20	.740	_
c-Oklahoma City	56	21	.727	1
c-Denver	53	24	.688	4
/-L.A. Clippers	51	26	.662	6
-Memphis	52	25	.675	5
Golden State	44	33	.571	13
Houston	43	34	.558	14
Jtah	41	37	.526	161/2
A. Lakers	40	37	.519	17
Dallas	38	39	.494	19
Portland	33	44	.429	24
Minnesota	29	47	.382	271/2
New Orleans	27	50	.351	30
Sacramento	27	50	.351	30
Phoenix	23	54	.299	34

- clinched playoff berth; z — clinched conference.

Tuesday's games

All Times Eastern Cleveland at Indiana, 7 p.m. Cleveland at Indiana, 7 p.m.
Washington at New York, 7:30 p.m.
Milwaukee at Miami, 7:30 p.m.
Philadelphia at Brooklyn, 7:30 p.m.
Charlotte at Memphis, 8 p.m.
Toronto at Chicago, 8 p.m.
Phoenix at Houston, 8 p.m.
Oklahoma City at Utah, 9 p.m.
New Orleans at L.A. Lakers, 10:30 p.m.
Minnesota at Golden State, 10:30 p.m.

BASKETBALL

NCAA

NATIONAL CHAMPIONSHIP

Monday's result Louisville 82 Michigan 76

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	. GF	GA	Pt
d-Pittsburgh	39	29	10	0	0	127	95	58
d-Montreal	38	25	8	3	2	120	91	55
d-Washington	39	20	17	2	0	117	110	42
Boston	38	25	9	2	2	108	81	54
Toronto	39	22	13	0	4	121	109	48
Ottawa	38	19	13	2	4	94	85	44
NY Rangers	39	19	16	0	4	96	94	42
NY Islanders	39	19	16	3	1	113	119	42
New Jersey	39	15	14	3	7	92	106	40
Winnipeg	40	19	19	0	2	98	120	40
Buffalo	39	16	17	2	4	105	118	38
Philadelphia	38	17	18	1	2	106	118	37
Carolina	38	16	20	1	1	99	121	34
Tampa Bay	38	16	20	0	2	121	114	34
Florida	39	13	20	5	1	96	132	32

WESTERN CONFERENCE

	GP	W	L	OTL	SL	. GF	GA	Pt			
d-Chicago	38	29	5	0	4	128	83	62			
d-Anaheim	39	26	8	2	3	121	98	57			
d-Vancouver	38	21	11	1	5	103	95	48			
Los Angeles	39	22	13	1	3	114	96	48			
San Jose	38	20	11	3	4	98	94	47			
Minnesota	38	22	14	1	1	103	97	46			
St. Louis	37	21	14	1	1	106	98	44			
Detroit	39	19	15	3	2	99	101	43			
Phoenix	38	17	15	2	4	105	104	40			
Dallas	38	18	17	2	1	104	117	39			
Edmonton	38	16	15	4	3	100	106	39			
Columbus	39	16	16	3	4	91	104	39			
Nashville	40	15	17	2	6	96	109	38			
Calgary	38	14	20	1	3	102	134	32			
Colorado	39	12	22	4	1	90	124	29			

Monday's results

Boston 6 Carolina 2 Toronto 4 NY Rangers 3 Calgary 3 Colorado 1 Phoenix at Vancouver Edmonton at Anaheim

Tuesday's games All Times Eastern

Pittsburgh at Carolina, 7 p.m. San Jose at Columbus, 7 p.m. Philadelphia at NY Islanders, 7 p.m. Washington at Montreal, 7:30 p.m. Ottawa at Tampa Bay, 7:30 p.m. Buffalo at Winnipeg, 8 p.m. Chicago at Minnesota, 8 p.m. St. Louis at Nashville, 8 p.m. Los Angeles at Dallas, 8:30 p.m.

MLB AMERICAN LEAGUE

EAST DIVISION L Pct 2 .714 4 .429 4 .429 4 .429 4 .333 Boston Baltimore New York Tampa Bay Toronto CENTRAL DIVISION .667 .571 .571 .500 .429 Chicago Kansas City Minnesota Detroit WEST DIVISION L Pct 2 .714 2 .714 4 .429 4 .333 5 .167 Oakland Texas Seattle

Monday's results

Los Angeles Houston

Boston 3 Baltimore 1 N.Y. Yankees 11 Cleveland 6 Kansas City 3 Minnesota 1 Texas 5 Tampa Bay 4

Houston at Seattle TUESDAY'S GAMES — All Times Eastern

Toronto (Morrow 0-0) at Detroit (Sanchez 0-0), 1:05 p.m. N.Y. Yankees (Pettitte 1-0) at Cleveland (Carrasco 0-0), 7:05 p.m. Tampa Bay (Hernandez 0-1) at Texas

(Tepesch 0-0), 8:05 p.m. Minnesota (Pelfrey 1-0) at Kansas City (Guthrie 1-0), 8:10 p.m. Oakland (Parker 0-1) at L.A. Angels (Wilson

Houston (Bedard 0-0) at Seattle (Maurer 0-1), 10:10 p.m.

NATIONAL LEAGUE

Monday's results

0-0), 10:05 p.m.

Milwaukee 7 Chicago Cubs 4 Cincinnati 13 St. Louis 4 N.Y. Mets 7 Philadelphia 2 Atlanta 2 Miami 0 Pittsburgh at Arizona Colorado at San Francisco.

31

16

19

22

40

60

64

48

24

43

↑ Aries

March 21 - April 20

Your mind is full of brilliant ideas. What are you going to do with them? Don't just let them sit there doing nothing. Good ideas are like fertilizer, they need to be spread around so they can help people grow.

Taurus April 21 - May 21

A new opportunity is about to come your way. Make sure you use it wisely. Yes, you will have to adapt to events that don't feel natural to you, but the effort will be worth it.

II Gemini May 22 - June 21

Someone will try to get you to tone down your opinions a bit today — and you must have none of it. The world needs to hear what you have to say.

9 Cancer June 22 - July 23

You need to act tough today, even if you don't feel tough. Give employers and other important people an image of you that is strong and self-assured, even if that is far from what you actually feel.

$\mathbf{\Omega}$ Leo July 24 - Aug. 23

This is a wonderful time for you, a time of exciting adventures and encounters. You certainly won't have any reason to complain that you are bored over the next 24 hours. If anything, there will be too much going on.

W Virgo Aug. 24 - Sept. 23

You have so many options that it may get a bit too confusing. What happens over the next two or three days will nudge you in the right direction. Any choice is a good choice.

△ Libra Sept. 24 - Oct. 23

From the look of your solar chart, it would appear that someone is hoping you will say or do something they don't have the guts to say or do themselves. You don't mind.

M Scorpio Oct. 24 - Nov. 22

Don't stop to question why you are following a certain course of action. The fact that you have begun means you need to go all the way, regardless of

whether your initial choice was

プ Sagittarius Nov. 23 - Dec. 21

right or wrong. Just do it.

You are proud of your openness to new ideas but one idea you encounter today may be a bit too much for you. Does it make you feel uncomfortable that an unpleasant belief may be true?

り Capricorn Dec. 22 - Jan. 20

It seems you have something to say that is likely to hurt the feelings of more sensitive sorts. Say it anyway because someone has to tell the truth.

Aquarius Jan. 21 - Feb. 19

Spend time with friends today because they can help you get past the negative thoughts you've been having of late. You've done so much for them that they will jump at the chance to repay your kindness.

H Pisces

Feb. 20 - March 20

What happens today will make it clear where you stand with certain people and why your association is unlikely to last. Not all relationships stand the test of time. Move on to better things. SALLY BROMPTON

Crossword: Canada Across and Down

14

17

33

37

41

45

58

62

bare

20

Across

1. Cable news channel 6. Cutting remark

10. Gladiator's 451

14. Standoffish 15. Wing-shaped

16. Iron, and others 17. 1994 gold medal figure skater, Oksana

18. Not wild 19. Kind of lily

20. Its slogan is 'Let's get moving." 23. Belgium neighbour, for short

24. Anonymous surname

corpus 25. 28. Canadian show

Tracy Moore hosts 33. Ms. Gardner

34. Money, informally 36. Top-__ washer 37. Court garbs

39. Hit the jackpot 40. Singer Ms. Braxton's

41. Classic record label

42. Livestock food 44. 'Select' suffix

45. Ancient strong guy 47. Mimer Mr.

Marceau

49. "__ questions?" 50. Flintstones pet 51. Canadian-invented board game:

2 wds. 58. Mystique 59. Hot

60. Becomes thread-

62. Make a scarf 63. Above 64. "Stand By Me" by

52

Ben 65. 'Fin' finisher 66. Longbow woods 67. Was introduced to again, say

59

63

15

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42

Down

34

46

38

1. Fairy queen in literature

on some paint 3. 'Para' suffix ("I'm

being watched!" feeling) 4. Matt Damon flick,

"The Supremacy' (2004)

5. Ti-Cats, Stamps and Bombers: 2 wds. 6. Collection of stuff

7. Jai 8. Incline 9. Scope

56

57

61

10. Diana Krall's musician hubby, Elvis

11. Three: German 12. Toy building block 13. Glenn Frey's "The

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN Heat ": 2 wds. 21. "Don't make

complicated.": 2 wds. 22. Not forthright

25. Severe

26. "Let's take

27. Jean de Brun-

hoff's elephant

28. Lummoxes

29. "..._ my Anna-bel Lee..." - Edgar

Allan Poe 30. Ancient Greece

column style 31. Gullible

32. Car named after Henry Ford's son

35. "_ __ is (Sniff, sniff) is me.'

38. Dig up

40. Catch a con-

necting bus 42. "...only

don't know where my soul is..." - Nelly Furtado

43. Title in Turkey 46. Prefix to 'form'

(Soldier's suit) 48. Mickey of movies

50. Garbage spots 51. Accept

52. Bits of vocal acrobatics

53. Van Gogh flower

54. Tardy 55. Ship's front

to please!" 57. England's

Newcastle-upon-

61. Beatles' Pepper, e.q.

Yesterday's Crossword

p	'A	٠,	`u	° 4		M	c	'n			°т	'n	1	3
"A	1.	0	н	A		1	0	N		w	H	E	R	1
'n	p	R	A	Y	T	Α	N	- 10		11	U	L	A	1
"Y	0	0	ĸ		"A	74	T	. 1	ď	0	- 84	. 4	6	. 1
		'n	. 1	"M	D	-1		,,O	11	A	D			
'n	°c	т	B	A		7	7	N	٨		'n.	"B	"A	5
"s	н	0	A	1.	5		~	1	1		"A	8	G	
W	1	2	-	1	Ų	°c	.1	A	14	0		°s	L	1
'A	L	0	"E		"ρ	1	E		"3	U	Ψ,	T	E	- 5
'n	Ε	0	N		"E	N	D	,3		"3		F	T	1
40			1	ďa	R	N		"M	ι"υ	T	8	R		
'n	'n	"b	1	A	0	A	'n	0	14		0	4	"V	7
"k	×		U	T		M	- 6	10	£	M	٧	6	R	1
b	E	A	T	-14		O	15	E		M	8	:N	A	1
"1	5	L	S			"N		D		"A	0	D	1	

es". WEEKDAYS 5:30 AM

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	8	9	1.	7	5	4	3	6
4	7	1	8	6	3	2	5	9
2	6	5	2	4	9	1	7	8
6.	3	7	5	1	8	9	2	4
9	1	2	ō	3	4	5	ß	7
5	4	B	7	9	2	3	6	1
B	9	4	3	2	7	6	1	5
7.	2	6	9	5	1	8	4	3
1	5	3	4	8	6	7	9	2

					9	4		8
8	4		3	5				9
	7							
3		8			4	6		
9								7
		5	9			3		1
							5	
6				1	3		8	2
2		3	7					

TODAY

MAX: 0°

MIN: -11°

WEDNESDAY

MIN: -2

(

THURSDAY



MAX: 2 MIN: -1

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